



LEARNING & WELLBEING FRAMEWORK



The Learning and Wellbeing Framework aims to foster a **cohesive culture** at Brigidine College by promoting a **shared vision** across all aspects of school life, using a **common language**, and guiding **intentional practices and strategies** that directly shape and enhance the **development of the graduate attributes**.

GRADUATE ATTRIBUTES

Brigidine Graduates are ...

To ensure clarity for staff, students and parents, the following expanded descriptions outline what each attribute means in practice, reflecting our mission to nurture well-rounded, values-driven individuals ready to contribute meaningfully to the world.

Curious

A curious graduate embraces learning as a lifelong journey, driven by a desire to explore, question, and understand the world around them. They are:

- Driven by a growth mindset, believing in their ability to learn, adapt, and improve through effort and persistence.
 - Critical thinkers who ask thoughtful questions and seek deeper understanding.
 - Creative problem-solvers, excited by opportunities to innovate and engage with new ideas and diverse perspectives.
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Capable

A capable graduate demonstrates competence and a readiness to take on challenges with determination. They are:

- Academically proficient, with strong skills in literacy, numeracy, and digital fluency.
- Resourceful and organised, able to set goals, manage time, and achieve outcomes.
- Equipped with practical self-regulation skills for success in further education, the workplace, and life-long learning.

Confident

A confident graduate possesses self-belief and the courage to express themselves authentically. They are:

- Articulate communicators, able to present ideas clearly and persuasively.
 - Self-assured yet humble, recognising their worth while respecting others
 - Resilient, willing to step outside their comfort zone and learn from feedback and previous experiences.
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Courageous

A courageous graduate stands up for what is right and takes action in the face of adversity. They are:

- Advocates for justice, fairness, and equality, willing to lead and inspire change.
 - Brave in navigating uncertainty, unafraid to challenge the status quo.
 - Persistent and tenacious, embracing challenges as opportunities for growth.
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Compassionate

A compassionate graduate is deeply attuned to the needs of others and acts with genuine care and generosity. They are:

- Empathetic, striving to understand and support others in meaningful ways.
- Committed to service, dedicating time and effort to causes that uplift others.
- Advocates for kindness, fostering a culture of inclusivity and acceptance.

READY

What does readiness look like?

- **Physical Readiness**

Students are well-rested, nourished, punctual, and equipped with the necessary materials.

- **Preparedness**

Students have completed set tasks, understand their responsibilities, and are ready to contribute.

- **Open and Focused**

Students are in a positive mindset, open to new ideas, experiences, and fully engaged in learning.

- **Routine-Oriented**

Students follow consistent habits and procedures, stay organised, and reflect on their practices to improve.

- **Emotional and Social Readiness**

Students regulate their emotions, collaborate respectfully, and contribute to a positive learning environment.

HOW TO FOSTER READINESS

SET & MAINTAIN EXPECTATIONS

Clearly define and communicate what readiness looks like

EMBED ROUTINES

Establish consistent practices to support preparation and focus

MONITOR & SUPPORT

Monitor readiness and provide timely guidance or interventions

DOCUMENT & ALERT

Record ongoing issues and notify relevant staff for further action and support.